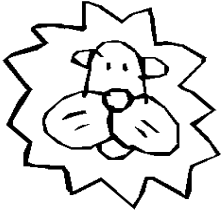


HEBERSHAM PUBLIC SCHOOL

Andover Crescent
HEBERSHAM 2770

PH: 9625 9133
9625 8471
FAX: 9832 1456



Website: <http://www.hebersham-p.schools.nsw.edu.au/>

Newsletter

7 November 2019

Calendar for Week 5 and 6

Monday – 11 November

Remembrance Day Assembly at 10:45 am

Tuesday – 12 November

Wednesday – 13 November

Playgroup in old hall - Little Lions
Kindergarten 2020 Transition at 9:15 am

Thursday – 14 November

Koori Play & Chat

Friday – 15 November

Support Classes Swim School

Week 6

Monday – 18 November

Tuesday – 19 November

Wednesday – 20 November

Colour Run
Playgroup in old hall - Little Lions

Thursday – 21 November

Koori Play & Chat
Muru Badanami at 2:00 pm

Friday – 22 November

K-6 Assembly at 9:30 am
Sista Speak Presentation
Support Classes Swim School

Pride Goal

Our pride goal expectation for the next week is:-



Use kind
words when
you SPEAK!



Every day of the WEEK!

It has been so lovely to see our families visiting the school over the past few weeks to support the Kindy Orientation, Grandparents Day and assemblies. Thank you for making the time to be part of our special events. We are having lots more community based activities coming up for you all to attend.

It was a privilege to attend the Dance Sport competition on Tuesday. Our students showed great pride and represented the school beautifully.

Good luck to the following teams who are playing in the grand final this Friday.

Junior Girls League Tag	Heber Park	3:30 pm
Senior Girls League Tag	Heber Park	4:00 pm
Junior Boys League Tag	Heber Park	3:30 pm

We hope to see you there to support our teams.

Betty Papandreou
Principal

Kindergarten Orientation

Kindergarten Orientation Sessions: **Wednesday 13 November**

Only one session left which will provide you with information that will make your child's start to Kindergarten an amazing one!

We hope to see you there! We will meet in the library then children will visit the Kindergarten rooms.

Enrolment forms are available from the school!
Please pick one up from our front office.



2020 Resource Contribution

In 2020 we will continue our \$20.00 School Resource Contribution fee. Each student will be invoiced for this fee at the beginning of the year. This contribution will help to purchase teaching and learning resources for all students

Remembrance Day Service **Monday 11th November 2019**

Remembrance Day has a special significance every year.

We will be holding our Remembrance Day Service on Monday 11 November at 10:45am around the flag pole near the library. All parents and carers are warmly welcome to attend this special ceremony.



K-6 Assembly

Our next assembly will be held on Friday 22 November at 9:30am in Yalingen Allawah. At this special assembly we will announce students receiving their pride pins.



ACADEMIC ASSEMBLY

The Academic Assembly will be held on **Wednesday 11 December 2019 at 9:30am in Yalingen Allawah**. All parents and carers are warmly welcome to attend the assembly.



Pride Pin Celebration Morning Tea

Students who receive their Pride Pin at each K-6 assembly will be asked to stay back and attend a morning tea in Yalingen Allawah. Parents and carers are cordially invited to attend with their child and enjoy celebrating their achievement. There will be light refreshments and drinks served to mark the occasion.



The SRC Colour Run

Our School Run4Fun Colour Explosion event will be held on **Wednesday 20 November (Week 6)**.

Please remember to continue to collect your sponsors to receive some awesome prizes.

Thank you for your participation.

- The SRC committee



Cultural Diversity Day – Week 7 2019

Hebersham Public School will be celebrating **Cultural Diversity Day in Week 7 2019** with a variety of activities. The day provides the chance to promote and celebrate cultural acceptance in our community.

On Tuesday 26th November 2019: There will be Cultural Diversity performances. Students from all stages will also be given the opportunity to share food from their cultures.

- Please send a plate of food from your culture to the **SAKG Kitchen by 9:00 am** on the 26th of November 2019.
- Please also include the name of the dish, culture and a list of ingredients so that teachers can ensure that allergies can be taken into account.

It will be a **mufti-day** where all children are encouraged to wear **traditional/cultural dress**. No gold coin donation required.

On Friday 29th November: There will be a special assembly at **9:30am** in Yalingen Allawah with cultural performances by students. **Parents are welcome to attend** the assembly. Parents are also invited to stay with their children and share a picnic morning tea until 11:30 am.



PRIDE PINS ASSEMBLY Friday 1 November at 9:30am Yalingen Allawah Hall



The Pride Pin colours for each grade are:

Yellow	Kindergarten
Green	Year 1
Blue	Year 2
Red	Year 3
Orange	Year 4
Silver	Year 5
Gold	Year 6

Congratulations to the following students who received their Pride Pins at last week's assembly.

Name	Class	Name	Class
Upokotea	KH	Jayden	KH
Tehillah	KH	Brianna	KH
Ahmad	KM	Naby	KM
Jope	KM	Connor	KM
Kieran	KV	Alolua	KS
Jariullah	KS	Fa'aea	KS
Chayce	KS	Kyle	KV
Jayden	KV	Vika	S1B
Axel	S1C	Dwayne	S1C
Maddison	S1D	Hermione	S1H
Khaleed	S1K	Anselm	S1K
Beau	S1K	Navirah	S1N
Jonathan	S1N	Sharni	S1N
Tyler	S1S	Welly	S1S
Latoya	S1S	Iqra	S1S
Destan	S1S	Cruze	S1T
Kobi	S1T	Sofia	S1T
Ben	S2E	Alex	S2E
Jason	S2L	Shannon	S2L
Harlan	S2L	Tiarnie	S2L
Helen	S2L	Dee	S2S
Shermira	S2T	Jaxon	S2T

Name	Class	Name	Class
Arjit	S3C	Kahniel	S3C
Lilly	S3G	Matiare	S3G
Liam	S3H	Logan	S3H
Sienna	S3H	Nate	S3N
Calvary	S3N	Douglas	S3S
Leon	S3S	Riley	S3S
Sema	S3S	Kiera	S3T
Markiss	SCT	Riley	SCT

Uniform Shop

The **Uniform Shop** (located up near the cola) is open **every Thursday** from **8:30 am** until **9:30 am**.



Nutrition Snippet

The simplest way

... to get the benefits of fibre.

Eating enough dietary fibre helps you maintain a healthy weight and digestive system.

High fibre foods include wholegrain foods such as oats and brown rice, fruit, veg, seeds, nuts and legumes such as chickpeas, beans and lentils.



Top tips to increase your fibre intake:

- Choose wholegrain, wholemeal or high fibre varieties of grain foods e.g. bread, pasta, rice, noodles and crackers.
- Fill at least half your dinner plate with vegetables.
- Reduce the amount of meat in recipes and include more vegetables and legumes.
- Have fruit, vegetables, nuts and seeds as snacks.
- Try our [hummus](#) with vege sticks and wholegrain crackers

healthylunchbox.com.au



Reminder

We have many special events planned for our year 6 students as they graduate from primary school.

We hope you can join us for the following occasions:

- **Year 6 Farewell Dinner**, Wednesday 4 December, 6:00 pm – 9:00 pm at St Mary's Leagues Club.
- **Year 6 Graduation Assembly and Morning Tea**, Thursday 12 December, 9:30 am in Yalingen Allawah.
- **Year 6 Arch**, Wednesday 18 December, 2:15 pm at the Quad.

*** Please ensure all permission notes for these graduation events are returned to the office ASAP ***

Parents, carers and families are also invited to attend the following special end of year assemblies:

- **Sports and Attendance Assembly**, Friday 6 December, 9:30 am in Yalingen Allawah.
- **Academic Assembly**, Wednesday 11 December, 9:30 am in Yaligen Allawah.
- **Christmas Carols**, Monday 16 December, 9:30 am in Yalingen Allawah.



Classes for 2020

Classes for 2020 will be formed this term in preparation for the new school year.

Please return the information slip attached if:

- Your family is definitely moving and your children will not return to Hebersham PS in 2020.
- Your family will be on holidays and may return late in Term 1 2020.



Hebersham Public School

Return slip Movement of families in 2020

Family Name: _____

Child/Children's Names: _____

Please indicate with a

My child/ children will **not** need a class place at HPS in 2020.

My child/ children will return late to HPS in 2020 due to travel/holidays.

Date of return: ____/____/____

Signed: _____

Date: ____/____/____

Please return this note to the school office ASAP