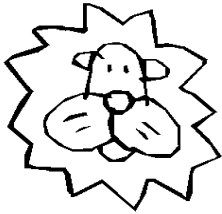


HEBERSHAM PUBLIC SCHOOL

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Newsletter

3 February 2022



Welcome back to a new year at Hebersham PS. A special welcome to all our new families. Please feel free to contact the school at any time regarding any concerns or clarifications.

A special welcome to Kindergarten who officially joined us this week. Kindergarten teachers and students have had a busy week getting organised and learning new routines, especially learning the Pride Guide.

To all the Kindergarten parents and carers, we wish you a warm welcome to our school community. We hope you will enjoy the learning journey with your child and the staff.

A warm welcome to all new students and parents to our school.

If you have any queries please do not hesitate to contact us by phone or at the Front Office to make an appointment.

It was wonderful to see all the smiling faces of our students this week.

The staff of Hebersham are looking forward to a very successful year of learning and social development.

During the holidays Mrs Cynthia Barwick has gained a permanent position in another sector. Ms Elder also left the department.

The staff list for Term 1 is attached.

Betty Papandreou
Principal



Pride Goal for the next week

Our new pride goal expectation for the next three weeks is:-

Welcome back to Hebo,
we hope your break was great.
Remember we follow the Pride
Guide,
even before entering the gate!



Don't Forget

**Dropping Off and Picking Up Your Children
after School.**

Students may enter the school at 8:30am when teachers are on duty. Students must go straight to class.

School ends at 3pm each day. The office is not a before and after-hours child minding centre.

Staff members have regular meetings before and after school ends at 3pm. Office staff members are not responsible for the supervision of the students hence our children need to be picked up as soon as school ends.

Please organise your child's care arrangements before and after school.

Your co-operation in this matter would be appreciated.

Afternoon Pick Up Organisation

respectful, be safe

Students will leave school in a staggered approach.

Families will leave at 2.45

K-2 will leave at 2.50

3-6 will leave at 3.00

Support classes at 2.40 or with families

Please let your child now what gate they are to meet you.

Covid19 Information

From the beginning of Term 1 2022, your child's school will operate with a number of COVID-smart measures that have been developed with NSW Health to minimise transmission and keep schools open.

These key measures include:

- use of rapid antigen tests by students and staff
- ensuring all staff on school sites are fully vaccinated against COVID-19
- wearing surgical masks indoors
- using cohort arrangements
- maximising ventilation
- encouraging regular hand washing and continuing enhanced cleaning of schools
- strictly limiting visitors on school sites
- assessing high risk activities and applying appropriate safeguards
- learning from home where face-to-face learning is not possible.

Testing

Rapid antigen tests (RATs) will be provided to all students and staff by their schools.

It is highly recommended all students undertake a RAT and confirm a negative result before attending school.

For the first 4 weeks of Term 1, we recommend students take a RAT twice a week on mornings before attending school.

- If your child has even mild COVID-19 symptoms, get them tested with a RAT or PCR (nose and throat swab) test.

- They must isolate until they receive a negative test result, in line with health protocols.
- If symptoms continue, they should stay at home and take another RAT in 24 hours or have a PCR test. If the second RAT or initial PCR test result is negative, or another diagnosis is confirmed such as hay fever, they can return to school.

It is recommended that staff and students that return to school after recovering from COVID-19 do not participate in rapid antigen test surveillance for 28 days (four weeks after recovery) following release from self-isolation. This is due to NSW Health advice that people who have recovered from COVID-19 have a low risk of contracting it again in the following 28 days. After 28 days (from week five after recovery) staff and students may resume participation in RAT surveillance.



School Uniform

All students must wear the school uniform each day. Boys wear a gold polo shirt and the green shorts. The girls wear a gold polo shirt and green shorts or skirt. The girls are also able to wear the school uniform dress. No jewellery (except stud earrings) or nail polish is allowed.



UNIFORM SHOP

With current COVID-19 restrictions, parents/carers are unable to enter the school grounds.

To place an order:

- Fill out the order form (from the office or school website) and return to the Front Office (with cash or payment information) OR
- Visit <https://exceluniforms.com.au/m/login?r=%2Fhebersham-ps-online-shop> to place an order online.



A reminder to Parents and Carers to notify the school about your Child's Health

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

It is essential the school is notified immediately about children who have been diagnosed with anaphylaxis (extreme allergic reaction) and who need an EpiPen kept at school.



We also ask that children with asthma provide the Front Office with an updated Action Plan and Ventolin inhaler.



Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.



We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required.

Tips to Parents and Carers from NSW DEC

Eating at school

Eating at school will be a different experience for your child compared with eating at home or at preschool.

Find out more:

<https://education.nsw.gov.au/parents-and-carers/going-to-school/preparing/starting-primary-school/health-and-wellbeing/eating-at-school>



Back to school tips for parents

The top 5 tips to help parents and carers of primary school children with back-to-school preparation.

Find out more:

<https://education.nsw.gov.au/parents-and-carers/going-to-school/preparing/starting-primary-school/5-back-to-school-preparation-tips-for-parents>





Permission notes and Payments in 2022

All permission notes and payments for extracurricular activities, camps and excursions, will be handed directly to the Front Office in 2021. We have a drop box area in the Front Office.



Friends

Is your child in a new class without their friends?

In over 13 years of education, your children will eventually find themselves in a class without their close friends. It's normal for them to initially feel a little anxious about this, so how should you handle it?

Tempting as it may be to request a class swap (which can be a logistical nightmare for schools and not always possible), here are some important things to consider first.

•Don't rob your child of this opportunity to develop social skills. School is a place where our kids learn important social skills as well as academic ones. Finding their place and making friends in a new group is a vital skill to develop and one they'll rely on their entire lives. The classroom is one of the gentlest places to start learning this because:

•Teachers turn a "bunch of kids" into a team every year. They keep an eye out for students who aren't mixing in, and create opportunities to pair them up with different children.

•There's still lunch and recess to play with their mates. It's also a great opportunity for them to learn about separating social time and work time.

•Lots of their classmates are in the same boat. Everyone is starting a new year, with a new

teacher and a new classroom and many will be looking for new friendships too. Some kids choose a new "best friend" in every class they have, which builds a rich network of friendships over the years.

•Children learn different skills from different classmates. These days there are lots of opportunities for group work in class, when students team up and work through tasks together. Unlikely pairings can produce excellent workmates, who share a common language of learning and help each other along.

•You can gently help them make new friends. If you are able to spend some time in your child's classroom (for example, by helping out with reading or maths groups) you'll meet the other children and be able to suggest possible friends to your child. Your child will be thrilled to see you in their classroom and it also seems to fast track their sense of 'belonging'. Encourage play dates with classmates.

If, after a couple of weeks, your child doesn't seem to be settling in or is still anxious about his/her new class, by all means drop a note to the teacher or make an appointment to chat.

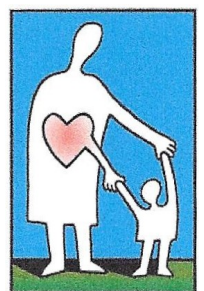


Veteran parents and teachers tell us that more likely than not, your child will be absolutely fine and will have developed a new level of resilience from spreading his/her wings a little.

Parental Concerns

If you have any concerns about your child or other students you believe have been involved in an incident please **do not** approach other parents or the child.

It is important that you speak to the teacher or the front office to discuss your concerns.





School Organisation

The following is a list of what grades and stages mean:

Early Stage One-	Kindergarten
Stage One-	Year 1 and Year 2
Stage Two-	Year 3 and Year 4
Stage Three-	Year 5 and Year 6

K-2 playtime is 10:30-11:00am and 1:00-1:30pm

3-6 playtime is 11:00-11:30am and 1:30-2:00pm

School Equipment for 2022



The following is a list of equipment that children in different grades will need with them at school at all times.

Please ensure ALL equipment and uniforms are labelled with the name of your child. All students need a school bag, lunch box and a hat.

Kindergarten

- glue stick- 4
- water bottle
- boxes of tissues one per term
- pump soap one per term
- baby wipes one per term

Stage 1 - Year 1 and Year 2

- glue stick- 4
- water bottle
- A4 covered homework book- 128 pages
- boxes of tissues-4
- pump soap (donation)
- baby wipes (donation)

Stage 2 - Year 3 and Year 4

- pencil case
- lead pencils HB
- sharpener
- eraser
- glue stick- one per term
- coloured pencils
- blue and red pens (Year 4- only once pen license is received)
- textas (optional)
- plastic ruler (optional)
- library bag
- water bottle
- A4 covered homework book- 128 pages
- boxes of tissues (donation)
- pump soap (donation)
- baby wipes (donation)

Stage 3 - Year 5 and Year 6

- pencil case
- lead pencils HB
- sharpener
- eraser
- glue stick- 4
- coloured pencils
- blue and red pens
- Geometry set (must include compass and protractor)
- calculator
- textas (optional)
- plastic ruler (optional)
- water bottle
- A4 covered homework book- 128 pages
- boxes of tissues (donation)
- pump soap (donation)
- baby wipes (donation)

Support classes

- paint shirt or old shirt
- glue stick- one per term
- water bottle
- A4 covered homework book- 128 pages
- boxes of tissues (donation)
- pump soap (donation)
- baby wipes (donation)
- hand sanitiser

How to install the SkoolBag app

instructions for parents and community

1. Get your favourite mobile device
2. Open the App Store/Play Store
3. Search for "SkoolBag"
4. Download the free app
5. Open the app and add your school(s)

for Apple users

Download on the App Store

for Android users

GET IT ON Google Play

for more info visit skoolbag.com.au SkoolBag



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